



# FOOTBALL REGISTRATION FORM 2018

## \$50 Registration Fee for Football

*(Please return to the Byrne Community Center before August 1<sup>st</sup>)*

**Player Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Grade (Fall 2018):** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**School Name:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

### Ages For Teams

**Peanut – (Grades 1<sup>ST</sup>-2<sup>ND</sup>)**

**Pee Wee – (Grades 3<sup>RD</sup>-4<sup>TH</sup>)**

**Junior Varsity – (Grades 5<sup>TH</sup>-6<sup>TH</sup>)**

**Varsity – (Grades 7<sup>TH</sup>-8<sup>TH</sup>)**



## **A SAFER LEAGUE IS A BETTER LEAGUE**

**The Junior Warrior Football Program is a proud commissioner of USA Football's Heads Up Football Program.**

**Heads Up Football** is the safer way to practice and play. USA Football has worked with leaders in both medicine and sport across the country to create a full-featured program that any league or school can use to address key safety issues — and ensure that every coach understands and knows how to implement each component of the program. As a commissioner of this program, The Junior Warrior Football Program has joined more than 7,000 youth football leagues across the country that have enrolled in this unique program that advances player safety through education and nationally endorsed standards.

### **Safety First**

Working with leading football experts and medical professionals, USA Football developed **Heads Up Football** specifically to meet the needs of player safety. Commissioners know that safety comes first — both for the players on the field and their parents on the sidelines. Having a **Heads Up Football** program in place, with teams led by USA Football certified coaches, goes a long way toward showing that youth football is being taught the right way and that parents can feel confident about our league.

### **Better Coaching with Coach Certification**

Youth football leagues are implementing the **Heads Up Football** program — and are realizing the benefits that certified coaches and a commitment to safety can bring. Veteran coaches, rookies, weekend assistants — as a key part of the program, everyone who coaches in our league gets trained and certified in football safety.

### ↗ **Concussion Recognition and Response**

Education is the first step in concussion awareness and player protection. Resources developed by the Centers for Disease Control and Prevention guide what to look for and how to respond.

### ↗ **Heat Preparedness and Hydration**

Developed by the Korey Stringer Institute at the University of Connecticut, targeted instruction puts the emphasis on prevention, recognition and basic treatment of athletes with best practices for heat and hydration safety at all levels.

### ↗ **Sudden Cardiac Arrest**

Teams learn how to put procedures in place to quickly react in the case of cardiac events — the No. 1 cause of death for children and teens during exercise — with instruction driven by the University of Washington Harborview Medical Center.

### ↗ **Proper Equipment Fitting**

Equipment that doesn't fit or isn't worn right can increase the risk of injury. That's why every coach gets guidance in how to properly fit helmets and shoulder pads.

### ↗ **Shoulder Tackle**

A step-by-step guide, featuring Seattle Seahawks Assistant Head Coach Rocky Seto, teaches the core principles of proper tackling and helps set a new standard in player safety.

### ↗ **Blocking – New for 2018!**

Scott Peters, a former NFL offensive lineman and sports safety advocate, shows how safety through superior technique, promotes effective and safer blocks.

**By signing here, I, the undersigned parent(s) or legal guardian(s), hereby acknowledge that I have read about Heads Up Football and understand that the Junior Warrior Football Program is utilizing it to make their league a safer experience for my player.**

|                   |              |
|-------------------|--------------|
| <u>Signature:</u> | <u>Date:</u> |
|-------------------|--------------|

### **FIND OUT MORE ABOUT HEADS UP FOOTBALL**

Visit <https://usafootball.com/programs/heads-up-football/> for more information.



### Player & Parent Code of Conduct:

Youth football plays a vital role in encouraging physical, social and emotional growth of children. It is therefore essential for parents, coaches and officials to encourage their youth football players to embrace the values of good sportsmanship, discipline and character development.

Columbia Youth Football League requires that all participants commit and adhere to the following **Code of Conduct**. CYFL believes in the three “S’s” – *Safety, Sportsmanship, and Scholarship* and expects student participants to exhibit them both on and off the field. Any violation of the following Codes could result in disciplinary action by the CYFL that may result in warnings or suspension.

CYFL has adopted the following Player **Code of Conduct** as recommended by USA Football:



## **Player & Parent Code of Conduct:**

***I hereby pledge to be positive about my youth sports experience and accept responsibility for my participation by following this Players & Parents Code of Ethics Pledge.***

- ◆ Have fun!
- ◆ Be a good sport (win or lose); Be honest, fair and always show good sportsmanship to all coaches, players, officials, parents and fans by demonstrating good sportsmanship at every game and practice.
- ◆ Learn the value of commitment to the team. I will attend every practice and game that I can, and will notify my coach if I cannot.
- ◆ Put personal goals aside for the betterment of the team.
- ◆ Show courtesy and respect to teammates, opponents and coaches.
- ◆ Realize that athletic contests, including practice sessions are educational experiences and opportunities.
- ◆ I will not engage in unsportsmanlike conduct.
- ◆ I will not engage in rude behavior.
- ◆ I will treat everyone, including coaches, parents, players and officials, with respect, regardless of race, creed, color, nationality or gender.

**By signing here, I, the undersigned parent(s) or legal guardian(s), hereby give my pledge that I will ensure that my player follow the aforementioned Code of Conduct.**

|                   |              |
|-------------------|--------------|
| <u>Signature:</u> | <u>Date:</u> |
|-------------------|--------------|



## The “Champion’s Creed”:

*Champions get up one more time than they have been knocked down.*

*Champions give their all, no matter the score.*

*Champions do what is right, even when it hurts.*

*Champions know winning is not necessarily measured by the final score.*

*Champions take a stand for what is right, even when they stand alone.*

*Champions see every challenge as an opportunity.*

*Champions make those around them better.*

*Champions do the right thing, even when no one is watching.*

*Champions dedicate themselves to prepare for success.*

*Champions put the success of others above individual achievement.*

*Champions understand winning is not the only thing.*

*Champions live by a higher personal standard.*

*Champions stand firm when others around them fall.*

*Champions live by what they speak and speak what they live.*

*Champions lay down their own desires for the benefit of others.*

*Champions willingly accept responsibility, and graciously deflect honor.*

*Champions never sacrifice what is best for something good.*

*Champions may fail...but they never quit.*